**Daily Schedule**

*(All times Atlantic Daylight Time: GMT-3)*

**Walking**

Option 1 Pilgrims:

9:00am – 9:15am Pilgrims meet at route starting point. Overview for the day and prayer.

9:15am – End of trail. Listen. Walk. Pray. Celebrate.

Option 2 Pilgrims: Start and finish daily walk according to their own route plans.

Option 1 & 2 Pilgrims:

7:00 – 8:00pm **Evening Zoom call each evening Sunday August 9th to Saturday August 15th inclusive**

**Here’s the link for the Zoom call (Click on the Link):**

<https://us02web.zoom.us/j/94283346577>

**Zoom call Agenda**

7:00pm – 7:05pm Opening

7:05pm – 7:15pm Reflection

*Explanation of Sacred Listening*

7:15pm – 7:40pm Small Group Discussion

* + - Each pilgrim may share reflections on their day
    - Based on what was shared - how does what you heard impact you?
    - Any other reflections?
    - What do you think the Holy Spirit wants us to do with this?

7:40pm – 7:50pm Main Group Recap

7:50pm – 7:55pm Overview of the plan for tomorrow

7:55pm – 8:00pm Prayer and Dismissal

**Option 1 Pilgrimage**

**Daily Parking Lots & Water Stations**

**Sunday August 9th -**

No walking today. Preparatory reading, prayer and 7pm kick off Zoom call

**Monday August 10th (22km)**

Holy Cross Church, 11645 Hwy 224, Middle Musquodoboit and

Meagher’s Grant Community Centre, 20 Wyse Rd. corner of Hwy 357.

Water-station ~11km mark on Elderbank Back Rd. just past bridge

**Tuesday August 11th (21km)**

Meagher’s Grant Community Centre and

Musquodoboit Trail parking lot, Park Rd., Musquodoboit Harbour.

Water-stations ~6km mark, Musquodoboit Trailhead parking lot on Hwy 357 and at ~17.8km mark on trail at Bayers Mill Rd.

**Wednesday August 12th (18km)**

Musquodoboit Harbour, New unmarked parking lot for Blueberry Run Trail (will be marked with pilgrimage signs). This is 3.2km from Musq trail parking lot, west on Hwy 7, past Timber Mart, just past the turn off to Hwy 107, and

St. Therese Community centre, 17 Conrod Rd., Grand Desert, off Hwy 207.

Water-station - Porter’s Lake Elementary School parking lot, 40 Inspiration Dr.

**Thursday August 13th -17km (16km)**

St. Therese Community Centre, Grand Desert and

Lawrencetown Community Centre, 3657 Lawrencetown Rd., Lawrencetown.

Water-station - Causeway Rd (near supermailbox) where Blueberry Run trail turns into AtlanticView trail. Off Hwy 207.

**Friday August 14th -17km (15km)**

Lawrencetown Community Centre and

St. Andrews Catholic Parish Centre, 16 Disciples Way, Cow Bay Rd., Eastern Passage.

Water-station - Salt Marsh Trail Parking lot #3, 806 Bissett Rd

**Saturday August 15th (11km/15km options (ferry vs bridge))**

St. Andrews Centre, Eastern Passage and

St. Mary’s Cathedral Basilica, 5221 Spring Garden Rd., Halifax.  Parking lots at Library or Park Lane Mall.Water-station - A&W 370 Pleasant St beside Woodside Ferry parking lot.